



A bit more about our local reasons to change

Growing population

The number of people living in Northamptonshire is expected to grow from 741,000 in 2018 to 803,000 by 2028 – that's an increase of more than 8% in 10 years

People are living longer

It's estimated there will be a significant increase in the number of people aged over 65 in our county – rising around 65% from 122,000 in 2014 to 201,000 by 2034

Deprivation

Around 40% of our population (300,000 people) live in areas where levels of deprivation are above the England average

Inequalities

Children born in our most deprived areas can expect to live 7.8 years less than those in the most affluent parts of the county

People in our most deprived areas likely to spend 13 fewer years in good health than those living in the least deprived areas

Mental health

In 2018/19 more than 21,000 adults entered mental health services in Northamptonshire – that's around 4% of the total adult population. Our intention is to support service users and carers to live as independently as possible

Finance

By 2020/21, the cost of providing health services in Northamptonshire could be £200 million higher than we have funding available unless we do something to change how we work. This is also in the face of our additional local authority financial pressures

Unhealthy lifestyles

Around one in six people in Northamptonshire smoke

Two out of three people in our county are overweight or obese, while nearly one in four do not do enough physical activity

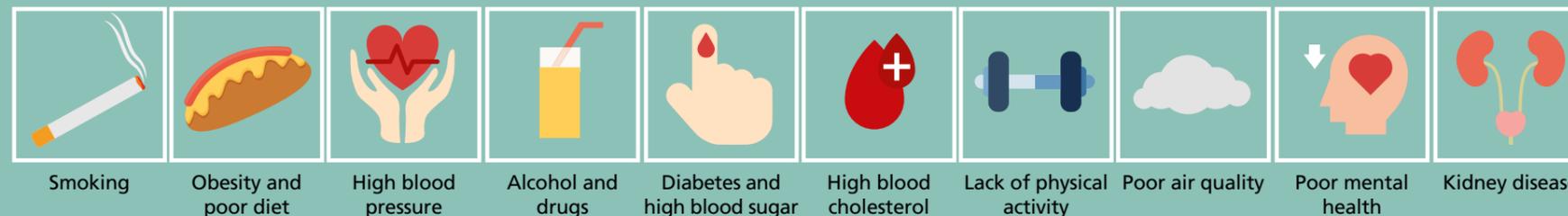


More than 90% of adult disease in Northamptonshire can be attributed to just 10 risk factors*. Visit www.northamptonshirehcp.co.uk/reasons-to-change to read more about how we can work together to tackle these challenges.

Children

Nearly 70% of children in Northamptonshire are reaching a good level of development by Reception class

This falls to just over half reaching good level of development if they are receiving free school meals



*Data for the East Midlands provided by the Global Burden of Disease (2016)